


GUAM BEHAVIORAL HEALTH AND WELLNESS CENTER		
<b>TITLE:</b> Crisis Assessment and 23 Hour Limited Observation	<b>POLICY NO:</b> CL-NU-1	Page 1 of 2
<b>RESPONSIBILITY:</b> Nursing		
<b>APPROVED BY:</b>  DIRECTOR	<b>EFFECTIVE:</b> 4/5/17	
	<b>LAST REVIEWED/REVISED:</b>	

**PURPOSE:**

- A. To provide guidance to staff conducting crisis assessment after offices hours, weekends and holidays.

**POLICY:**

- A. It is the policy of GBHWC to consider all consumers coming in after office hours as a crisis.
- B. All consumers coming after office hours will be screened and crisis assessment will be conducted by the Psychiatric Nurse on duty.
- C. Psychiatrist on Call shall determine the proper disposition of consumers based on the Psychiatric Nurses evaluation and assessment, if the Psychiatrist on call is not around to make his/her own determination.
- D. All Consumers who do not meet the criteria for Crisis Stabilization Unit admission but would require medication during crisis assessment shall be placed under voluntary 23 hour limited observation for monitoring.
  - a. If the consumer declines to consent for 23 hour limited observation, medication will **not** be provided and consumer shall be release.
  - b. A safety plan if applicable and other take home instructions for follow up shall be provided to the consumer as necessary prior to release or discharge.
- E. The Consumer shall be evaluated by the attending Psychiatrist prior to the expiration of the 23 hour limited observation for proper disposition.
- F. GBHWC shall **not** provide stock medication for crisis consumers to take home.

**PROCEDURE:**

- A. Crisis Assessment
  - 1. Crisis Screening Assessment shall be conducted by the Psychiatric Nurses to all consumers coming in after office hours (from 5:00 pm – 7:30 am), weekends and holidays.
  - 2. Psychiatric Nurse conducting crisis assessment shall consult the Psychiatrist on Call for guidance and proper disposition of consumers.
  - 3. If medication is ordered, the nurse on duty shall inform and explain to the consumer that he/she will be under observation for 23 hours once the medications are administered.
  - 4. The consumer shall be release before the lapse of 23 hour after being assessed by the Psychiatrist on call with a prescription of medication if appropriate.
  - 5. If the consumer refused to give consent for observation, he/she will be release with appropriate take home instructions for new consumers and or active consumer protocol. (*Reference; Policy CL-37 Screening and Access to Services*).

6. New consumers without urgent need shall be release and provided take home instructions; to wait for his/her assigned lead provider to contact him/her for a scheduled full intake within 24 – 48 hours.
7. The team facilitator for the assigned team shall review and check the crisis screening assessment done by the nurses in EBHR and staff the new case on the next working day for lead provider assignment in their team meeting.
8. Active consumers without urgent need will be release and provided with take home instructions to return for follow up and/or contact from the assigned lead provider.
9. Consumers that were started with medication during the observation period shall be given a medication prescription by the Psychiatrist to be filled at any pharmacy.

**B. Documentation**

1. All documentation of the crisis assessment and observation notes shall be done in the electronic behavioral health record and completed within the shift or within 24 hours. Documentation shall be under the team assigned and are as follows;
  - i. New consumers - documentation shall be under the team assigned for the day.
  - ii. Inactive or reopened cases – documentation shall be under the team that previously handled the case.
2. An initial service plan or treatment plan shall be completed for all consumers admitted to the Crisis stabilization Unit within 24 hours or after the shift.
3. Medication orders shall be written in a physicians order form.
4. A discharge summary or take home instructions will be provided to the consumer prior to discharge or release.
5. For consumer refusing further services or no longer needing or opting to seek other providers for mental health services, the Psychiatric Nurse shall close the chart in the EBHR.

**RELATED POLICY:**

*CL- 37 Screening and Access to Services; 3/14/2017; Rey M. Vega GBHWC Director*

**SUPERSEDES:**

*24 hour Holding Bed Admission/Discharge; Policy No. CS-INP4-1; 10/24/90; Marilyn Wingfield DMSHA Director.*



GUAM BEHAVIORAL HEALTH AND WELLNESS CENTER  
REVIEW AND ENDORSEMENT CERTIFICATION

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HEALTH & WELLNESS  
CENTER

The signatories on this document acknowledge that they have reviewed and approved the following:

☒ Policies and Procedure

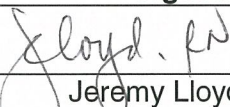
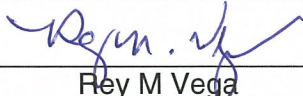
Submitted by: Jeremy Lloyd

☐ Protocol/Form

Policy No: CL-NU-01

☐ Bylaws

Title: Crisis Assessment and 23 hour Limited Observation

Reviewed/Endorsed Title	Date	Signature
	4/3/17	
	Name Title	Jeremy Lloyd RN-BC Acting Nurse Administrator
Reviewed/Endorsed Title	Date	Signature
	4/5/17	
	Name Title	Rey M Vega GBHWC Director